Abstract

Objective: The present study examined the relationship between borderline personality (BPD) features and suicidal behaviors among adolescents in Hong Kong. Method: Subjects, 2234 adolescents aged from 11 to 19, completed questionnaires assessing various BPD features and suicidal behaviors. Results: Girls reported higher BPD features than boys, with the exception of impulsive behavior. Girls also reported more self-destructive behavior and suicide ideation than boys. No gender difference on actual suicide attempts was found. Among various BPD features, impulsive behavior had the strongest correlation with suicidal behaviors. Impulsive behavior and anger control problem were the strongest predictors of the suicidal behaviors for both sexes. Fear of abandonment also contributed significantly to the prediction of suicide ideation in both sexes. Discussion: The findings supported the previous studies that self-destructive behavior and suicide ideation were more prevalent in females. Our findings suggest that suicidal behaviors may serve as the problem solving strategies and ways to regulate one's intense emotion.